



THE SPA AT TEN

Chemical Peel Consent Form

A chemical peel is a technique used to improve the appearance of the skin. A chemical solution is applied to the skin that causes it to exfoliate. Slight flaking will occur for 7 days, depending on the level of the peel. Peels are designed to stimulate the skin, to help generate new cells, to produce collagen and to increase blood flow.

I confirm that I have none of the known conditions that could make treatment contraindicated, such as:

- Pregnancy
- Active herpes simplex (cold sore) in treated area
- Recent use of retinols, glycolic acids, alpha-hydroxy acids (within the last 7 days)
- Use of *Accutane*® within the last year
- Active acne
- Use of photosensitive medications

Client Initials_____

I understand that during the application my skin may tingle, sting or feel warm.

Client Initials_____

I understand sunblock of at least SPF 30 daily is strongly recommended, or Hyperpigmentation can result, and the skin is more susceptible to sunburn.

Client Initials_____

I understand that pulling or picking the skin may lead to infection or scarring, and peeling and flaking may be present for 7-10 days.

Client Initials_____

I understand that photos may be taken for my medical records.

Client Initials_____

I understand no guarantee can be given as to final results, and several treatments may be needed to improve the skin condition. I certify that I have read and fully understand the above information, and that I have had sufficient opportunity for discussion. All my questions have been addressed and answered to my satisfaction.

Client Printed Name: _____

Client Signature: _____ Date_____