



## CONSENT FOR KYBELLA INJECTION

Kybella® is an FDA approved cosmetic injection indicated for improvement in the appearance of submental fullness associated with submental fat in adults.

The results of Kybella® are not immediate. At your first treatment visit you will receive a series of injections in the submental area. At the time of injection and for several days following the injections you will have swelling in the submental area. Kybella® will cause the fat cells to diminish gradually over the course of the next month following your injection in the treated area. A series of treatments may be necessary to achieve optimal results and these will occur at no sooner than the one-month interval. Your provider will decide the appropriate number of treatment sessions and the amount of Kybella® you will need at each session.

### Side Effects:

Side effects of Kybella® may include: bruising, swelling, numbness, induration, marginal mandibular nerve injury, dysphagia (difficulty swallowing), bleeding, tenderness or discomfort, tissue necrosis, hyperpigmentation, redness, or alopecia at the site of injection.

Alopecia: Kybella® injections could cause small patches of alopecia in the treatment area.

### Pre-Instructions:

You should not be pregnant, nursing an infant, have a history of a bleeding disorder or infection of the area to be treated. Also, you should tell your provider if you take any blood thinners or aspirin or have a history of any issue with lidocaine or epinephrine.

### Post Care Instructions:

- Ice packs may be used to the treated area during the first 12 hours – ice for 15 minutes on every hour
- Do not massage the injection site
- If you are able to tolerate ibuprofen take 200mg three times daily beginning the day of your treatment and for the following four days
- Avoid heavy exercise the day of your treatment



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- Notify your service provider immediately if any significant, swelling, bleeding, pain, dusky discoloration, difficulty swallowing or smiling, or fever occurs.

### **Alternatives:**

As explained not all submental fullness will respond to Kybella®. Other alternative treatments are liposuction to the area, a neck lift and/or platysmoplasty procedures.

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I CONSENT TO THE TREATMENT OF KYBELLA INJECTIONS AND I HAVE READ THE ABOVE LISTED ITEMS. I AM SATISFIED WITH THE INFORMED CONSENT PROCESS.

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Patient or Person Authorized to Sign for Patient

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Date